

Choose your bagel flavor









Sesame

Poppy

All Dressed

Rosemary

& Sea Salt







Plain





Whole Wheat

Maple Apple

Cream Cheese Spreads

Regular or light	5	Garlic and herbs	6
Vegan	5	Chives	6
		Pesto	6
Strawberry	6	Sun-dried tomato	6
Apple cinnamon	6	Spicy chipotle	6

Spreads

Butter	4	Tuna spread	7
Peanut butter	4	Salmon spread	7
Jam	4	Guacamole	7
		Nutella	7



Choose a sandwich (R) choose a spread



Traditional Smoked salmon, cream cheese, tomato, onion, capers, lemon

\$13.50



Smoked Meat Bagel

Old-fashioned smoked meat, topped with yellow mustard

\$13.50



Le Steak

Roast beef (medium done), Swiss cheese, caramelized onions, lettuce, tomato, olive oil, oregano, Dijon mustard

\$13.50



Breakfast Sandwich

Omelette, grilled ham (or bacon), lettuce, tomato, with pesto or mayo

\$13.50



Le Coco

Hard-boiled egg, lettuce, tomato, with pesto or mayo

\$9.50



BLT

Bacon, lettuce, tomato, with pesto or mayo

\$10.50



WOW!

Spicy marinated eggplant, lettuce, goat cheese, sun-dried tomato, pesto

\$13.50

Cash and Interac only



Poulet St-Viateur

Chicken breast marinated in lemon and herbs, Swiss cheese, lettuce, tomato, with pesto or mayo

\$14.50



Le Plateau

Ham, Swiss cheese, lettuce, tomato, with pesto or mayo

\$11.50



Club Bagel

Smoked turkey, bacon, lettuce, tomato, with pesto or mayo

\$13.50



Le "Joe Bagel"

Ricotta topped with fig jam and balsamic glaze

\$11.50



Cheese + 3.50 choice of cheddar or Swiss

Guacamole +4.50

Caramelized Onions +3



We do not accept credit cards







SCAN ME