



Choice of bagel flavor for sandwiches and spreads



Sesame



Poppy



All Dressed



Rosemary & Sea Salt



Cinnamon & Raisin



Blueberry



Plain



Whole Wheat



Maple Apple



MOST POPULAR

Traditional

Smoked salmon, cream cheese, tomato, onion, capers, lemon

\$13.50



Smoked Meat Bagel

Old-fashioned smoked meat, topped with yellow mustard

\$12.50



Le Plateau

Ham, Swiss cheese, lettuce, tomato, with pesto or mayo

\$10.50



Jaws

Tuna salad, Swiss cheese, sun-dried tomatoes, onion, lettuce

\$13.50



BLT

Bacon, lettuce, tomato, with pesto or mayo

\$9.50



Breakfast Sandwich

Omelette, grilled ham (or bacon), lettuce, tomato, with pesto or mayo

\$11.50



WOW!

Spicy marinated eggplant, lettuce, goat cheese, sun-dried tomato, pesto

\$12.50



Club Bagel

Smoked turkey, bacon, lettuce, tomato, with pesto or mayo

\$12.50



Poulet St-Viateur

Chicken breast marinated in lemon and herbs, Swiss cheese, lettuce, tomato, with pesto or mayo

\$13.50



Le Steak

Roast beef (medium done), Swiss cheese, caramelized onion, lettuce, tomato, olive oil, oregano, Dijon mustard

\$12.50



Le "Joe Bagel"

AS SEEN ON NETFLIX
Ricotta topped with fig jam and balsamic glaze

\$10.50

Popular add-ons

Cheese choice of cheddar or Swiss	+ 3.50
Guacamole	+ 4.50
Caramelized onion	+ 3.50
Bacon	+ 3.50



Cream cheese spreads

Regular or light	\$5
Vegan	\$5.50
Garlic and herbs / chives / pesto / spicy chipotle	\$6.50

Spreads

Butter / peanut butter / Jam	\$4
Nutella / guacamole / tuna or salmon spread	\$7

COMBO

Green salad or salad of the day	+ 4.50
Soup of the day	+ 4.50

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PRICES DO NOT INCLUDE TAXES